SURGE CURRENTS

S.N.C.A. Volume 216 January 2025

Christmas Concert 2024

The Surge School Christmas Concert was a huge success. The students brought to life beloved nursery rhyme characters, with Tina as Mother Goose hosting a Christmas Party. The children also performed Christmas carols, complete with choreography!

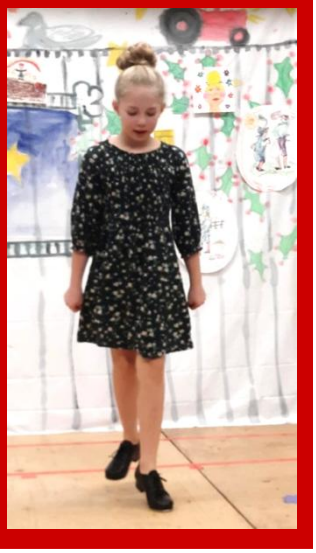
Parents and other community members performed the play “Santa’s Cookie Problem” for us, with some naughty elves taking their pranks on Santa a little too far!

Many children and families also did individual musical performances, and a choir of community members sang beautiful Christmas song harmonies.

Thanks to Susanne for all the backstage coordination, the members of PAC for food, drinks, decorating and other logistics, to all the students and community members who put on the lovely performance, and to everyone who came out to cheer them on!

In case you missed it, here is a link to the Christmas Concert 2024 videos, available thanks to the Harveys.

Photos by Miray Campbell



Bunkhouse Coordinator Report – December 2024

The Bunkhouse was well used in December with various events and activities:

- Weekly school kids cooking sessions
- Numerous rehearsals for the Christmas Concert
- Community Coffeehouses
- Official Community Planning meeting
- Christmas Concert Potluck Community Lunch (over 60 people!)

Thanks to everyone who came and participated!

Jan 2025 Bunkhouse Schedule

Based on community feedback received, I have decided to go back to weekly Community Coffeehouses on Wednesdays for the month of January.

I'd love to see these gathering opportunities combine with music, art, and discussion groups or meetings. Here's what's booked so far but let me know if you'd like to host an activity or event. I'm excited for the event with Jay on the 22nd!

- **Wednesday Jan 8 - Coffeehouse 12:30 - 3pm**
- **Wednesday Jan 15 - Coffeehouse 12:30 - 3pm**
- **Wednesday Jan 22 - Coffeehouse 12:30 - 3pm & Poetry and Prose with Jay (from Sonora) starting at 1pm**
  Enjoy coffee and snacks while your local marine mechanic entertains you with a spoken word collection of poignant works from Emily Dickinson to Shakespeare from memory.
- **Wednesday Jan 29 - Coffeehouse 12:30 - 3pm & Surge Medical Clinic**

Please get in touch if you have any questions or ideas for February!

- Sheila fashedo@hotmail.com 250 203 9490

Holiday Message from the QIMC

Season's Greetings to You All,

I hope that you are all keeping well. I wanted to give you a heads up for the next dates that Dr. Hughes will be visiting Read Island.

The current plan is for Weds. 29th January and Weds. 26th February.

Feel free to call/email if you wish to have an appointment. I will also send out a reminder nearer the time.

Best Wishes from Everyone at Quadra Island Medical Clinic

Dr. Hughes, Tina, Chelsea, Sandra, Denise, Joanne and Glenda

250-285-3540

Photo by Kim Barnes

SNCA Board Shorts – January 2025

Happy New Year from dood, Dan, Clarke, Renate & Renee!

SNCA Financial Statement

You may remember that at our AGM in the fall there was an issue with Schedule 1 of SNCA's Financial Statement. We are happy to announce that it is now completed and has been accepted by the accountants. Schedule 1 has been revised with the help of the finance subcommittee - many thanks for Ginny for overseeing this process. If you would like to see Schedule 1, please email a request to surgenarrows@gmail.com.

Recovery & Resiliency Grant

Gym

The propane heating for the gym will be installed this month. Now that the postal strike is over we anticipate the imminent arrival of the missing part of the system. The gas fitting & venting will be done by Henry Geedart. The wiring has already been approved by the School District.

We are also happy to announce that the gym will be set up with lines for hockey, soccer &…. this month. After school hours, students (under 18) may use the gym under strict adult supervision. No wheeled objects are to be brought into the gym.

2025 initiatives

We are in the process of setting up a proper bike rack under the school to keep bikes out of the weather. We are also in the process of creating a notice board at the bottom of the track up to the school entrance for community signs, especially pertaining to events & planning at the bunkhouse.

Official Community Plan

As most of you already know, the SRD announced that they are planning to cover all of Area C with one OCP. Neither our community nor the Quadra residents are agreeable about this proposal, so we are currently asking people to write to planning@srd.ca to state why that the Outer Islands is a distinct community (at a baseline level we are unserviced & off the grid) which would prefer to have our own OCP. You should cc rmawhinney@sed.ca, as well as a named person, possibly anelson@srd.ca , tyares@srd.ca & surgeocp@gmail.com. There is an open letter from Claudia Lake to the SRD about the OCP included later in this Current which has more information and context about this issue. You can also check out the Facebook Group called "Friends of Area C" if you are interested in talking with other folks who are scrutinizing the way the SRD is handling Electoral Area C.

A working group has been formed to represent the Outer Islands chaired by Judith, with Sheila, Dan, Claudia, Treena & Rowen. If you have an interest in being part of the group, please contact them at surgeocp@gmail.com.

Please use the board e-mail surgenarrows@gmail.com to bring local concerns or issues to the board's attention or to ask questions, rather than our personal email accounts. This allows us to manage our volunteer commitment in a healthier & more professional way. Thanks for your understanding & help with this request.

Hoping that you all had happy holidays! - dood, Renate, Dan, Clarke & Renee

Saltwater Hank Performance

On December 1st we had a very special guest, all the way from Prince Rupert, come and play at the bunkhouse. Ts'msyem songwriter and storyteller Jeremy Pahl did an afternoon performance for us before doing a few gigs on Vancouver Island. His indigenous stories (all in his native language, he's one of only 53 people who speaks it fluently) with his electric guitar really rocked the bunkhouse. His stories ranged from berry picking to his grandmother hunting a deer in her canoe and about the police boat the "oinkster" (Inkster) to very "spicy" songs.

We had seen him play a few years ago at Vancouver Island Music Fest and really enjoyed his songs and storytelling. When I saw he was coming to Campbell River, I looked up his website, found his Whats App contact and send him a message. He responded and after some back and forth agreed to play for our community! He stayed for two nights as our special guest and had a little jam session on one of the nights.

After a hectic morning of fixing the generator, finding cables and a microphone and stand, we had an amazing lunch and performance. Of course we couldn't have done it without the team of people who were there to help!

Thanks to everyone who came and helped chip in (we raised enough funds to make it worth his while!) to make this day possible!

Renate H

His CBC North by Northwest interview with Margaret Gallagher: Ts'msyen music Jeremy Pahl AKA "Saltwater Hank"
https://www.cbc.ca/listen/live-radio/1-43-north-by-northwest/clip/16114350-tsmsyen-music-jeremy-pahl-aka-saltwater-hank

Photo by Sheila Hollanders

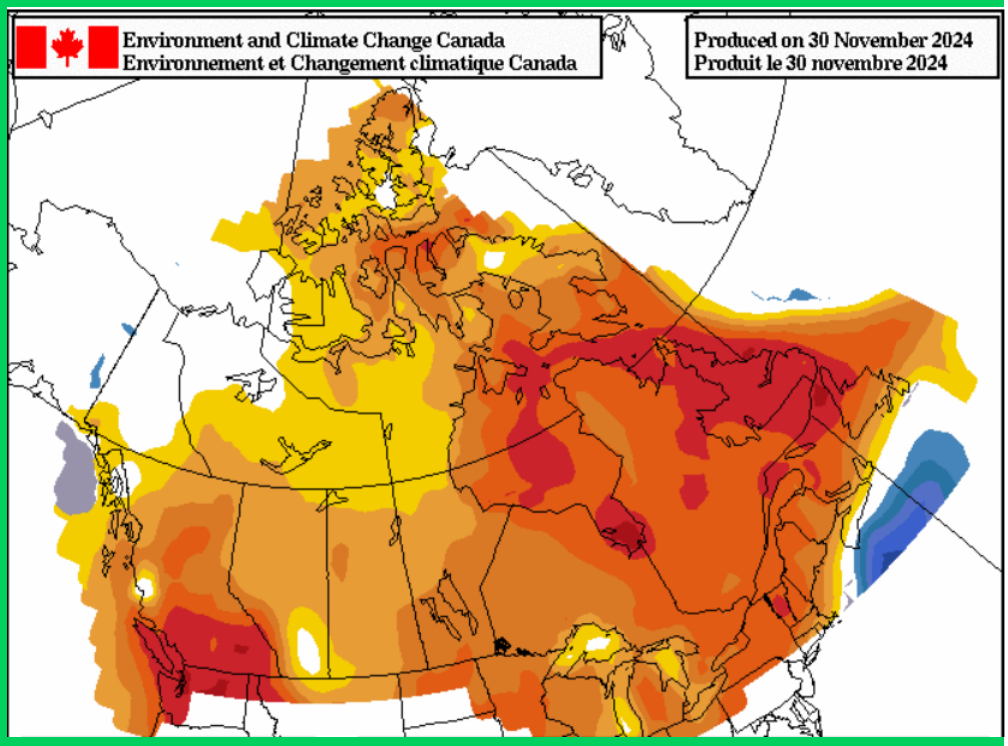
Photo by Renate Harvey

Photo by Renate Harvey

Emergency Preparedness Report – January 2025

Our Weather in 2024 and the 2025 Forecast:

- The temperature has been warmer than average every month in 2024.
- Our annual average rainfall is 1,175 mm. As of the morning of December 26th, we're at 1,252 mm for 2024, or 7% above average, with several more days of rainstorms expected.
- Forecasters had orginally anticipated average temperatures in the winter and early spring of 2025 for us, called "ENSO neutral".
- What this looks like according to the Environment Canada long term forecast:
  - Jan/ Feb – normal or slightly above normal temperatures
  - March/April/May – normal temperatures
  - June/July/August – high probability of above normal temperatures



Environment Canada June/July/August temperature forecast.
Dark red indicates very high probability of above normal temperatures.

Dog First Aid and Care – A Few Tips

During the holiday season, pet dogs can get very excited with additional people and unfamiliar smells and foods around. A few tips from Dogsafe Canine 1st Aid:

- Inspect dog toys, remove small pieces that could be swallowed.
- Unsweetened baking chocolate has the highest amount of dangerous ingredients for dogs – especially theobromine and caffeine. A dangerous dose of baking or dark chocolate is as little as 1 ounce for a 20 pound dog. It can cause vomiting, diarrhea, tremors, heart palpitations and seizures. Milk chocolate is less dangerous but should also be avoided.
- Macadamia nuts can cause temporary weakness and paralysis in a dog's hind legs. A toxic dose is 1oz per 20 pounds of dog weight.
- A detailed list of poisonous items can be found at Pet Poison Helpline (www.petpoinsonhelpline.com) or the ASPCA Animal Poison Control website (www.aspca.org/pet-care/animal-poison-control). Dogsafe suggests keeping 3% hydrogen peroxide in your canine care kit to induce vomiting if needed.

Wishing everyone a happy and safe New Year!

- Ginny Vassal, for Emergency Preparedness

Surge Narrows Scholarship Winner Robert Leggett

An update from Robert (many of us slip and call him Robbie still), recent winner of the Surge Narrows Scholarship.

Robert has been accepted into the Carpentry Apprenticeship Program at Camosun College in Victoria, with his 1st semester starting January 2025.

Since graduating high school Robert has been enrolled in the Trades BC Skilled Workers Program, working for Tideline Cabinets & Carpentry in Campbell River. While there, he has been working under a Red Seal carpenter and collecting apprenticeship hours. Now by attending college he will be able to catch up on coursework.

For the past 2 summers he's been working in the Discovery Islands on Dent Island and is happy to be working close to home.

On behalf of the Surge Narrows community and Surge Narrows School, we wish you all the best!

Robert with his most recent carving

From Robert:

"Thank-you for this opportunity, as school is very expensive and your generosity will go a long way in helping!"

Tell me more about the Surge Narrows Scholarship Fund

The Surge Narrows scholarship was created in 2015 from community donations; more recently, it's been funded by SNCA. Its aim is to help Surge Narrows students defray the high costs of post-secondary education, books, living away from home, etc. The $500 bursary is for the student to use in whatever way needed.

Donations to the scholarship fund are gratefully accepted; donation receipts are issued for gifts of $10 or more.

Singing in the New Year

The newly formed "Islands' Community Choir" is looking for more singers. Anyone is welcome! Rehearsals will be weekly starting in January. We are hoping to cover different styles of music. Please contact Hanneke at:

Hanneke@paradise-music.com

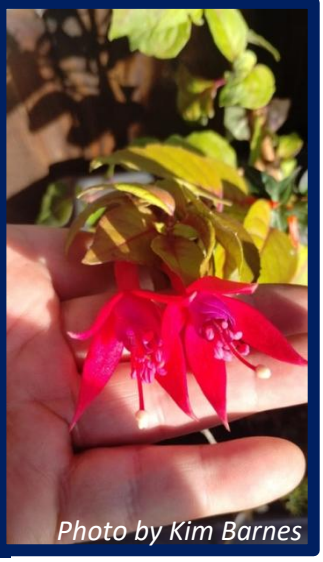


Photo by Kim Barnes

A Message from the Surge Revitalization Project Subcommittee

First off, we'd like to apologize. We promised a report on the Surge Revitalization Project well over a month ago and as you're likely aware nothing has been forthcoming. This is because we have received nothing from SRD, even though we have requested it many times. At the recently held Electoral Services Committee Budget Meeting, Aniko Nelson, SRD's Senior Manager Community Services, stated they were "sharing updates with the communications group as we move closer to a final design." This has not been our experience and consequently we wrote to Aniko asking that the promised report be released. At the time of writing, we have not even received the courtesy of a reply. Our understanding is that the report has been written but is being held up as management debate what to tell us and what to exclude from the report. That in itself is a significant cause for concern.

We have heard verbally that things are progressing with the project. We understand that the marine phase is reaching its final design. We have not seen this. We understand that a final decision has been made not to restore the old building. We have not seen written confirmation of this. We understand the architects have submitted a preliminary design. We have not seen this. We understand the budget will be shared with us. We have not seen it.

We will continue to do what we can to get information from SRD. It appears they are willing to answer questions verbally, but do not want anything provided to us in a written format. We are extremely frustrated with this situation and are doing what we can to resolve it as soon as possible. We will keep you informed if any updates are made available to us.

- Jim, Bruce, Lannie, Rosie, Sheila, Rock

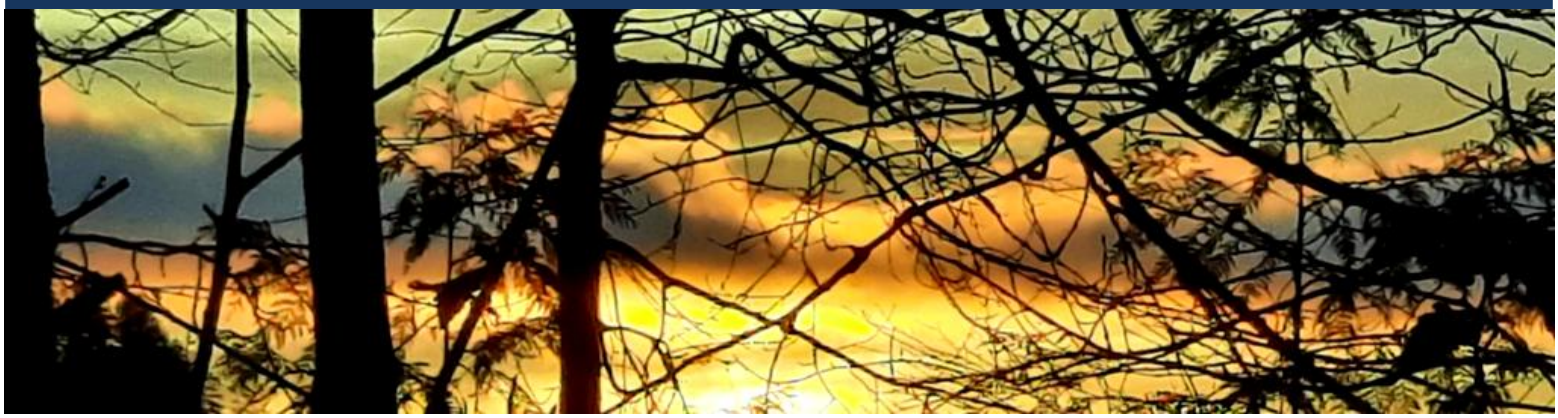
SRD's Ongoing Inaction re Noncompliant Zoning

Since 2022, SRD has ignored community requests re commercial aquaculture at a deepwater area that is partly zoned-wrong for the current use, and also partly not-zoned for any use. A new license for the site issued July 2023 by the Province permits 6-fold increase of infrastructure and associated impacts. BUT the new license is specifically "subject to compliance with local zoning" – and the problem is that SRD is refusing to enforce this requirement.

There are several reasons to be concerned about intensified industrial activity at Evans Bay. For one, why is it okay for (Saltspring Island owned) Island Sea Farms to move its unpopular noisy operation from Gorge Harbour/Cortes to here? IMPORTANTLY: Why won't SRD uphold the zoning regulations of our Rural Land Use Bylaw 1460?

Proper procedure is for the non-compliant company-owner to file a rezoning application. SRD should then convene a public hearing in the affected community. The Public Hearing is attended by the "Elected Area Services Committee" (EASC = the four rural SRD representatives, including Robyn Mawhinney) who are tasked with voting "Yea" or "Nay" based on evidence presented at the hearing. SRD also has other corrective powers that they are failing to exercise. Following many community complaints and communications, Ralph and Lannie have engaged legal advice for recommended next steps.

- Lannie

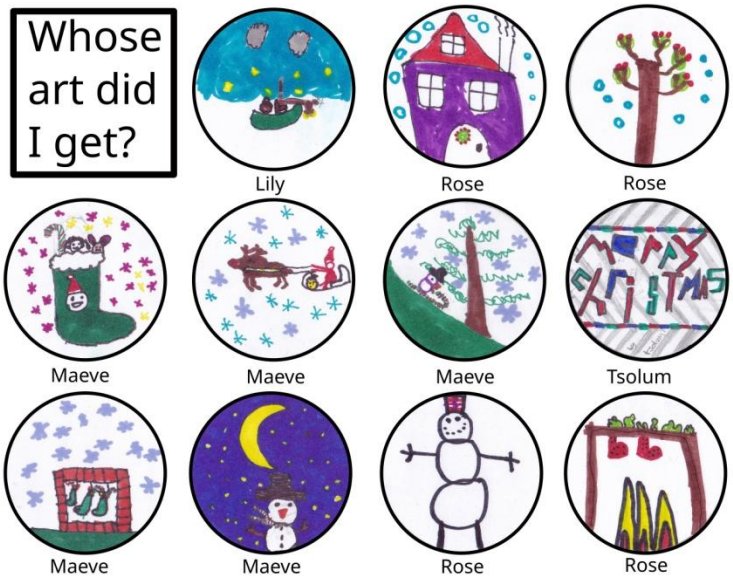


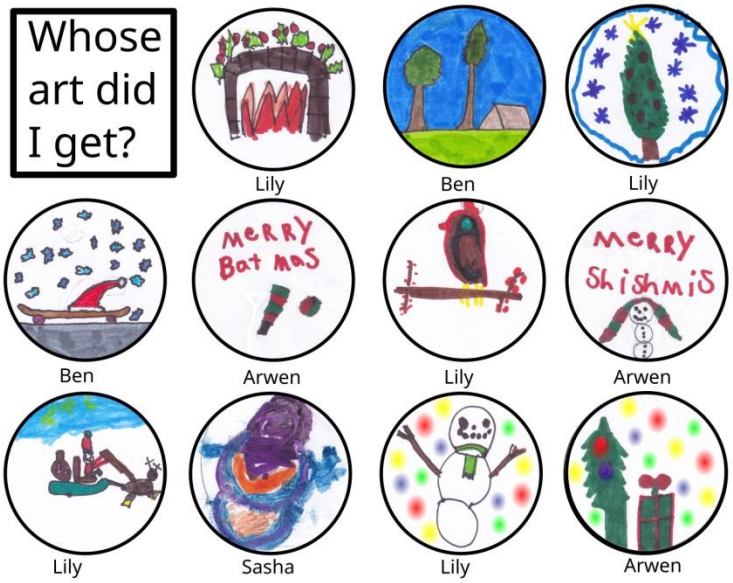
CLEANING UP FOR THE NEW YEAR

- As a service for islanders, I'm pleased to announce a new venture in the realm of homegrown practical solutions for the island homestead.
- Qualified and experienced, I will be making complimentary assessments and prioritizing projects based on environmental stewardship principles.
- No job too small or too large, anything from taking away miscellaneous containers or a bucket of used motor oil to cleaning up the old shed or building a new one, we can do it all.
- No project too difficult, assessment will preclude planning for appropriate solutions which can include site rehabilitation or restoration.
- Recycling and disposal: all materials will be organized according to regional standards and transported responsibly to applicable destinations.
- Practical solutions: waste management, composting toilets, cool cupboards and more affordable sustainable organic home improvement innovations available for implementation.
- January-February only (for now)

For more information about these recycling services, homestead improvements or wood mizer mill products from a sustainable woodlot, contact Tom Hollanders.

Call, message or text to 250 203 3901
Email: readislandtom@hotmail.com





Rex

Kai

Arwen

Jack

Natalie

AN OPEN LETTER TO THE SRD RE: Area C OCPs for Quadra Island and the Outer Discovery Islands

To Whom It May Concern,

I have been a resident and an active community member of the Outer Discovery Islands for many decades.

On December 5, I wrote to the General Manager of Services at the Strathcona Regional District, in an attempt to gain clarity over the issue of Area C OCPs.

Having not had a response from her, or anyone else in her office, who are apparently in charge of working with the communities of the Discovery Islands, both Quadra Island and the Outer Islands, to create provincially mandated OCPs for these communities, I am reaching out once more, both to the planners and to the decision makers on the Board of Directors at the SRD.

There seems to be a great deal of confusion surrounding the subject of OCPs for Area C, both in the communities of Quadra Island and the Outer Discovery Islands as well as within the SRD planning department itself.

I realize we are in the middle of the week before the Christmas holiday, and that nothing more will take place before the New Year, but I would like to respectfully request that the SRD's Four Phase OCP project be paused at once, and dialed back to the beginning so that all of us, both in the Outer Islands and Quadra Island can be assured that we, the community members of these two very separate and distinct communities, are being listened to and that there will be two separate and distinct OCPs, one for each of our communities, as was originally communicated to residents of Area C.

Somewhere in the Provincial or SRD literature I have read that the process of creating OCPs is supposed to be community driven. I know that the people of Quadra Island and the Outer Discovery Islands are very much aware and engaged in the process and that for the last five and a half years, the Outer Discovery Islands population has been under the impression that our community was in the process of developing our very own OCP which would replace our existing Bylaw, the Desolation Sound Rural Land Use Bylaw (1993), because we know, better than most, that the Outer Discovery Islands are unique and distinct from Quadra Island or the Campbell River area. What is desirable for others may not be so for the Outer Islands.

It is not true, as has been asserted by SRD GM of Services, that "The Read Island residents fully understood and were supportive of the move towards a new Electoral Area C OCP that is to include the entire area". If this were so, Outer Island residents would not be in shock right now, scurrying about, arranging meetings within the community to discuss next step options. They would not be writing angry letters to the SRD.

Going through my files I have found many emails, notes, public notices, various SRD director and Community Association board member's reports and other documentation that clearly shows the Outer Islands' community has been told and have understood that they would be involved in the creation of their own distinct OCP, separate from that of neighbouring Quadra Island.

On August 3, 2019, our Outer Islands community first met to talk about the SRD plan to create an ICSP (Integrated Community Sustainability Plan) for Area C, which would then inform the creation of an OCP to replace the existing Desolation Sound Rural Land Use Bylaw (1993). The ICSP was also to inform the review and subsequent update of the existing Quadra Island OCP, by the Quadra Island community, not a total re-write of that document by the SRD.

We are not merely observers in the process. Many of us have been seriously involved in the OCP process from the start. A number of Outer Island residents volunteered on the ICSP Task Force, which was assigned the job of sorting out the original draft ICSP document that the hired consultant ($70,000 worth of public grant money) was unable to complete, accurately or on time. Many of us volunteered many months of our lives, working very hard, and in good faith along with at least 8 Quadra Islanders to correct that faulty document that was supposed to inform our OCPs. Plural. One to update Quadra Island's OCP, the other to replace the DSRLUB(1993).

Many of us have read the document produced by the consultant for the ICSP process, and completed the ICSP Workbook (as well as numerous other simplistic SRD surveys) and noted many failings in that document too numerous to mention here. If this is any indication of the material that will inform any Area C OCP, whether one or two, or a combination of two parts under one title, then we will have our work cut out for us, once again, to correct all the mistakes and inaccuracies within it.

The planners, staff, most other members of the SRD Board of Directors, as well as most of the residents of Quadra Island have no clue about the Outer Discovery Islands. They know next to nothing of the people who live here, the geography of the entire area, what is and what is not within Area C, the demography of the various island communities. Most people in the Strathcona Regional District could not name the Discovery Islands and Mainland Inlets or even find them on a map, without the help of Google Maps. Most people in Campbell River have never heard of the Discovery Islands. Which is why I am so concerned about this area's future being controlled by the Board of Directors of the SRD, heavily weighted by the urban Campbell River/SRD contingent.

The OCP information meeting held on Read Island on October 16, 2024, was attended by residents of several Outer Discovery Islands. The invitation to a second meeting, that was posted one day before the meeting was held on Quadra Island, on November 27, 2024 was specifically addressed to those "living and working" on Quadra Island. Some Outer Islanders who may have liked to attend did not, or were unable to do so for logistical reasons. There was no virtual attendance offering for either of the OCP information meetings; so much for accessibility.

We are a strong community of many extremely talented, trained and educated, profoundly experienced people, of all ages, who reside on these islands; who between themselves have managed to design, create and build full and interesting lives, often with limited finances, for many decades, on this group of islands. We know what we want, we know what we need. We are a very capable group of individuals not easily fooled or manipulated.

It seems we have been let down by the SRD, yet again. Our own elected Regional Director, who represents her constituents, and who in fact works for them, appears to have been "muzzled" or otherwise prevented, by un-elected SRD bureaucrats, from doing her best to represent her Outer Islands constituents. Apparently we are no longer permitted to address her directly with our concerns about the OCP process, but must go directly to the un-elected planners of the SRD. Surely this cannot be right?

In any case, I once again ask that the current OCP process be halted for the time being, to be resumed only when the SRD can assure Outer Islanders that our community will have its own unique OCP, distinct and separate from that of neighbouring Quadra Island.
Sincerely,

Claudia Lake
Maurelle Island

Letter from Heather re. starting a Health Care and Wellness Column

Hello Everyone,

I was thinking about how to be healthier in the New Year. What small things could we do that don't cramp our style too much but have good returns for effort put out? Working in healthcare is a fabulous source of interesting ideas and information involving wellness. It's great to connect with people and hear about what works/ doesn't work to help them feel better. I learn about many specific issues and how people are living with them. Then we discuss ways to improve their life, and how to feel better. This often is very inspiring, especially when we can move the happy ways and ideas from people who feel better to someone who really needs some new info or supports. In this way health care work is an exchange of energy and ideas.

Are you wondering why I'm writing this? Here is why. I am from Surge Narrows, born and raised, and although I have gone away to study and work etc. this has always been my heart home. I felt drawn to working towards wellness from a very early age. For the last 33 years I have put effort into formal learning and practicing in various healthcare fields from massage and herbalism to social service work, midwifery, and nursing. I also feel that a lifetime of practicing organic gardening, growing and preserving food, and caring for the animals that are our partners in this, has been a huge part of my healthcare education.

Sometimes, despite our best efforts to be healthy, we experience episodic illness and disease. Also, we are likely to find ourselves living with chronic health challenges that may affect us regularly. This seems to be so with all living beings, and there is always something new to learn regarding wellness.

Due to our location here on the islands I have had to travel away from home to use the knowledge and skills I have been gathering, in an exchange for money. I have often felt sad that I don't have the equipment and time to give the same services I give to others in different locations, to you in my own community. I am working on this, it's a Long Game that I've been at for the 33 years plus that I've been doing healthcare of various kinds.

I'll keep working on the project, but meanwhile **I was thinking of writing a health column for the Current**. I could write about whatever health topic folks are interested in. I was thinking to do it kind of 'Dear Abby' style. Here is my email: heatherfjansen@gmail.com, or write to Box 20. Use a pseudonym if you like and I'll respond to the question in a way that keeps confidentiality. For sure if you have a health question you want answered or discussed someone else is thinking about it too. This way we can share information, and all learn something new.

So, send me two things:

1) A name for the health column, and

2) A wellness/health related question you want answered or discussed.

Back to the small things we can do daily to feel better - here are 3 things that help and are not too difficult:

1. **Walk more.** Humans developed over forever to walk/run. This motion really dispels anxiety and helps our body in so many ways. Get out and walk daily. Maybe with a friend, a dog or just alone.

2. **Drink more water.** Not juice, coffee or caffeinated teas. Water

3. **Sleep more at night.** Our bodies do best when we follow the day/night schedule and rest in cool darkness.

Looking forward to hearing from you. Dear Abby reminds me of that funny John Prine song called "Dear Abby" take a listen- laughing is good too.

Big Hugs and Happy New Year to All wow 2025!! Like Sci-Fi times!!

May you be well. - Heather

Discovery Islands Region
Proposed Community Health Centre

PROJECT UPDATE #1 – NOVEMBER 2024

A coalition of community health associations is proposing the creation of the "Discovery Island Community Health Centre (CHC)". This document is meant to answer some of the commonly asked questions and provide information to the community about the proposed CHC. Additional information will be provided to our communities in the New Year.

Q. Why are we considering a new model for healthcare on the Discovery Islands Region?
A. Recruitment and retention of primary care providers is a challenge throughout our health system. Many island residents do not have a primary care provider and access to primary care is often limited to off-island urgent care visits. This is likely to continue unless we look at alternatives in the way primary care is managed and delivered.
A Community Health Centre model can increase attachment to longitudinal primary care and support the sustainability, coordination, and administration of existing primary care options so that community members can access appropriate primary care.

Q. What is a Community Health Centre?
A. Community Health Centres (CHCs) are created by not-for-profit organizations to provide comprehensive, accessible, affordable, and culturally appropriate primary care services through a collaborative team approach. A CHC is governed by community members through a registered society and focused on community priorities.

Q. What services will the new Community Health Centre (CHC) offer?
A. Focus will be on stabilizing current primary care services across the communities. The goal is to provide services and supports based on the unique needs of our communities and improve the health and well-being of our residents.

Q. Where will the Community Health Centre be located?
A. The submitted plan will focus on coordinating current services at existing sites and adding more service providers, rather than building a new facility. It will be managed by an Executive Director reporting to a volunteer non-profit Board of Directors representing the sponsoring communities. This model significantly relieves the volunteer board members of much of the administrative burden of operating our health services.

Q. How do we establish our own Community Health Centre?
A. The process to establish a community health centre starts with the development of a detailed proposal and service plan that is submitted to the Ministry of Health for funding approval. When the proposal is approved and funded the not-for-profit entity will be formed and the implementation activities will start.
A grant has been provided for the project to support the development of the proposal for a Discovery Islands Community Health Centre that will encompass the Discovery Islands Region.

Q. What will be the name of the Community Health Centre?
A. For the purposes of planning, we will use the name of Discovery Islands Community Health Centre but will undergo a process to create the brand that reflects the communities being served by the Community Health Centre.

Q. Who is involved in the planning process?
A. Community members have been advocating for many years for a healthcare model that is accessible, sustainable, and focused on the specific needs of our rural communities.
The Planning Table for this project is made up of board members from Cortes Community Health Association, Quadra Island Health Society, Klahoose and We Wai Kai Nations, Campbell River Primary Care Network, the BC Association of Community Health Centres as well a medical advisor, Pat Peterson, and a project manager, Marguerite Vickery.
The process will include opportunities for community members to provide feedback and communication updates will be provided on a regular basis.

Links for more information on BC Community Health Centres (CHCs)

B.C. Association for Community Health Centres: https://bcachc.org/
Video on the STEPS CHC (example of an urban CHC): https://youtu.be/tCKG5XnQjW4
Video on the Sun Peaks CHC (example of a rural CHC): https://youtu.be/CjFY5vUwqOI
Do you have a question, or would you like to share some feedback? Please email: Marguerite@saanichtonsystemsconsultants.com

January 2025

Beazley

Time	Maximum		renverse	maximum	
Day Time	Time	Knots	jour heure	heure	noeuds
1 0536	0159 0847	+9.7 -7.5	16 0604	0236 0921	+9.6 -7.8
WE 1154	1427	+5.3	TH 1229	1510	+5.9
ME 1711	2011	-7.1	JE 1759	2054	-7.0
2317	0236	+10.1	2353	0312	+9.3
2 0613	0924	-7.5	17 0639	0955	-7.4
TH 1234	1510	+5.7	FR 1309	1549	+6.2
JE 1759	2055	-7.1	VE 1846	2139	-6.5
3 0000 0652	0316 1002	+10.3 -7.7	18 0032 0713	0349 1029	+8.6 -7.1
FR 1317	1557	+6.2	SA 1349	1642	+6.3
VE 1851	2144	-6.8	SA 1936	2231	-5.8
4 0046 0733	0359 1043	+10.0 -7.9	19 0114 0746	0428 1105	+7.4 -6.8
SA 1402	1648	+6.7	SU 1430	1731	+6.4
SA 1947	2239	-6.4	DI 2032	2322	-5.1
5 0136 0816	0447 1128	+9.1 -8.0	20 0159 0820	0516 1144	+6.1 -6.4
SU 1450	1743	+7.2	MO 1513	1820	+6.3
DI 2050	2336	-5.9	LU 2138		
6 0233 0901	0541 1215	+7.9 -7.9	21	0030	-4.5
MO 1540	1841	+7.8	TU 0255	0603	+4.7
LU 2159			MA 0855	1219	-5.9
	0055	-5.5	1557 2254	1913	+6.3
7 0340	0642	+6.4	22 0408	0130 0707	-4.2 +3.5
TU 0950	1307	-7.6	WE 0937	1319	-5.3
MA 1632	1942	+8.2	ME 1644	2010	+6.4
2314	0210	-5.4	23 0007	0242	-4.2
8 0459	0750	+5.0	0548	0821	+2.8
WE 1043	1404	-7.2	TH 1027	1412	-5.0
ME 1727	2047	+8.4	JE 1734	2113	+6.7
9 0028 0625	0326 0908	-5.5 +4.2	24 0109 0721	0355 0932	-4.6 +2.7
TH 1141	1505	-6.7	FR 1127	1515	-5.1
JE 1822	2152	+8.7	VE 1826	2213	+7.2
10 0134 0745	0442 1022	-6.0 +3.9	25 0202 0822	0459 1027	-5.2 +3.0
FR 1243	1606	-6.4	SA 1234	1614	-5.5
VE 1918	2253	+9.0	SA 1918	2307	+7.8
11 0232 0851	0547 1123	-6.8 +4.0	26 0248 0906	0542 1116	-6.0 +3.7
SA 1346	1705	-6.5	SU 1340	1716	-6.1
SA 2013	2349	+9.3	DI 2009	2354	+8.5
12 0323 0944	0642 1215	-7.5 +4.3	27 0328 0943	0635 1159	-6.6 +4.4
SU 1446	1758	-6.7	MO 1439	1754	-6.6
DI 2104			LU 2056		
	0037	+9.5		0031	+9.0
13 0408	0729	-7.9	28 0404	0714	-7.1
MO 1029	1255	+4.7	TU 1017	1248	+5.2
LU 1539	1846	-7.0	MA 1531	1839	-7.1
2151	0120	+9.6	2140	0108	+9.5
14 0449	0810	-8.1	29 0439	0750	-7.6
TU 1110	1346	+5.2	WE 1052	1329	+6.0
MA 1628	1930	-7.2	ME 1618	1921	-7.6
2234	0159	+9.6	2223	0144	+10.1
15 0528	0847	-8.0	30 0513	0823	-7.9
WE 1150	1428	+5.6	TH 1127	1409	+6.8
ME 1715	2011	-7.2	JE 1704	2003	-7.9
2314			2305	0220	+10.6
			31 0548	0857	-8.1
			FR 1205	1450	+7.6
			VE 1750	2046	-7.9
			2348		

Hole in the Wall

Time	Maximum		renverse	maximum	
Day Time	Time	Knots	jour heure	heure	noeuds
1 0542	0204 0853	+10.0 -7.2	16 0610	0241 0927	+10.0 -7.4
WE 1206	1435	+5.5	TH 1242	1517	+6.0
ME 1718	2017	-7.3	JE 1807	2059	-7.1
2327	0241	+10.5	17 0003	0318	+9.6
2 0619	0928	-7.4	0646	1001	-7.3
TH 1246	1518	+5.9	FR 1321	1601	+6.2
JE 1806	2100	-7.3	VE 1853	2145	-6.6
3 0010 0658	0322 1006	+10.6 -7.8	18 0042 0720	0357 1035	+8.8 -7.2
FR 1329	1605	+6.4	SA 1402	1647	+6.3
VE 1858	2149	-7.1	SA 1943	2235	-5.9
4 0056 0739	0406 1047	+10.3 -8.1	19 0125 0753	0437 1112	+7.5 -6.9
SA 1415	1656	+6.9	SU 1444	1729	+6.3
SA 1954	2244	-6.6	DI 2039	2331	-5.2
5 0147 0822	0455 1132	+9.4 -8.2	20 0212 0827	0520 1151	+6.1 -6.5
SU 1503	1750	+7.5	MO 1527	1820	+6.2
DI 2056	2347	-6.1	LU 2144		
6 0245 0907	0550 1221	+8.0 -8.2	21	0041	-4.7
MO 1553	1848	+8.0	0309	0613	+4.6
LU 2205			TU 0903	1234	-6.0
	0052	-5.7	MA 1612 2259	1913	+6.2
7 0353	0651	+6.5	22 0424	0143 0719	-4.4 +3.4
TU 0956	1313	-7.9	WE 0944	1328	-5.5
MA 1646	1950	+8.4	ME 1659	2021	+6.2
2319	0212	-5.5	23 0011	0246	-4.4
8 0513	0800	+5.1	0606	0834	+2.6
WE 1048	1410	-7.4	TH 1034	1422	-5.2
ME 1740	2054	+8.6	JE 1748	2119	+6.5
9 0031 0639	0339 0915	-5.6 +4.2	24 0114 0739	0406 0945	-4.9 +2.6
TH 1146	1511	-6.9	FR 1134	1524	-5.3
JE 1835	2158	+8.8	VE 1839	2222	+7.1
10 0138 0759	0450 1026	-6.0 +3.9	25 0207 0839	0509 1039	-5.5 +3.0
FR 1247	1613	-6.7	SA 1240	1623	-5.7
VE 1930	2258	+9.0	SA 1930	2315	+7.8
11 0236 0905	0556 1124	-6.7 +4.0	26 0253 0922	0600 1126	-6.1 +3.6
SA 1351	1711	-6.7	SU 1346	1721	-6.2
SA 2024	2353	+9.3	DI 2019	2357	+8.4
12 0327 0957	0651 1220	-7.3 +4.3	27 0333 0957	0646 1206	-6.6 +4.4
SU 1451	1804	-6.9	MO 1445	1756	-6.7
DI 2114			LU 2106		
	0042	+9.5		0036	+9.1
13 0413	0737	-7.6	28 0410	0723	-6.9
MO 1041	1307	+4.8	TU 1030	1256	+5.3
LU 1545	1851	-7.2	MA 1538	1846	-7.2
2200	0125	+9.7	2150	0113	+9.7
14 0454	0817	-7.7	29 0445	0757	-7.2
TU 1122	1351	+5.3	WE 1104	1336	+6.1
MA 1634	1934	-7.4	ME 1626	1927	-7.7
2243	0204	+10.0	2232	0149	+10.5
15 0533	0853	-7.6	30 0519	0829	-7.5
WE 1202	1434	+5.7	TH 1139	1415	+7.0
ME 1721	2016	-7.4	JE 1712	2008	-8.0
2323			2314	0225	+10.9
			31 0554	0901	-8.1
			FR 1216	1457	+7.9
			VE 1758	2051	-8.1
			2357		

Campbell River

Time	Metres	Feet	heure	metres	pieds
Day Time			jour		
1 0704	4.2	13.8	16 0020	0.7	2.3
1120	3.7	12.1	0717	4.3	14.1
WE 1616	4.0	13.1	TH 1434	3.2	10.5
ME			JE 1736	3.6	11.8
2 0005 0740	0.5 4.3	1.6 14.1	17 0037 0750	1.0 4.3	3.3 14.1
TH 1225	3.5	11.5	FR 1519	3.0	9.8
JE 1711	3.8	12.5	VE 1827	3.4	11.2
3 0037 0816	0.7 4.3	2.3 14.1	18 0059 0822	1.4 4.3	4.6 14.1
FR 1504	3.3	10.8	SA 1603	2.7	8.9
VE 1810	3.6	11.8	SA 1926	3.1	10.2
4 0111 0851	0.9 4.3	3.0 14.1	19 0124 0852	1.8 4.2	5.9 13.8
SA 1613	3.0	9.8	SU 1645	2.4	7.9
SA 1919	3.3	10.8	DI 2044	2.9	9.5
5 0146 0925	1.3 4.4	4.3 14.4	20 0147 0920	2.2 4.1	7.2 13.5
SU 1711	2.5	8.2	MO 1727	2.1	6.9
DI 2043	3.1	10.2	LU 2229	2.9	9.5
6 0224 0958	1.8 4.4	5.9 14.4	21 0201 0943	2.7 4.1	8.9 13.5
MO 1804	2.1	6.9	TU 1808	1.9	6.2
LU 2235	2.9	9.5	MA		
7 0305 1031	2.3 4.4	7.5 14.4	22 0957 1850	4.0 1.6	13.1 5.2
TU 1852	1.6	5.2	WE		
MA			ME		
8 0036 0353	3.1 2.9	10.2 9.5	23 1008 1932	4.0 1.4	13.1 4.6
WE 1104	4.3	14.1	TH		
ME 1939	1.1	3.6	JE		
9 0215 0459	3.5 3.3	11.5 10.8	24 0430 0608	3.7 3.7	12.1 12.1
TH 1141	4.3	14.1	FR 1031	3.9	12.8
JE 2025	0.8	2.6	VE 2015	1.2	3.9
10 0327 0621	3.8 3.7	12.5 12.1	25 0431 0727	3.9 3.7	12.8 12.1
FR 1224	4.2	13.8	SA 1109	3.9	12.8
VE 2112	0.6	2.0	SA 2057	1.0	3.3
11 0416 0737	4.0 3.8	13.1 12.5	26 0438 0816	4.0 3.8	13.1 12.5
SA 1316	4.2	13.8	SU 1209	3.9	12.8
SA 2158	0.4	1.3	DI 2137	0.8	2.6
12 0457 0947	4.2 3.8	13.8 12.5	27 0458 0852	4.1 3.7	13.5 12.1
SU 1412	4.1	13.5	MO 1333	3.9	12.8
DI 2241	0.4	1.3	LU 2215	0.6	2.0
13 0533 1049	4.2 3.8	13.8 12.5	28 0525 0927	4.1 3.6	13.5 11.8
MO 1508	4.1	13.5	TU 1442	4.0	13.1
LU 2322	0.4	1.3	MA 2250	0.6	2.0
14 0608 1130	4.2 3.6	13.8 11.8	29 0554 1008	4.1 3.5	13.5 11.5
TU 1559	4.0	13.1	WE 1539	4.0	13.1
MA 2356	0.5	1.6	ME 2319	0.6	2.0
15 0643 1231	4.3 3.4	14.1 11.2	30 0625 1058	4.2 3.3	13.8 10.8
WE 1648	3.8	12.5	TH 1632	4.0	13.1
ME			JE 2345	0.7	2.3
			31 0655 1202	4.2 3.0	13.8 9.8
			FR 1727	3.8	12.5
			VE		

January 2025

Point Atkinson

Day	Time	Metres	Feet	jour	heure	mètres	pieds
1	0746	4.8	15.7	16	0035	0.7	2.3
	1257	3.7	12.1		0802	4.8	15.7
WE	1658	4.2	13.8	TH	1352	3.2	10.5
ME				JE	1814	3.9	12.8
2	0036	0.4	1.3	17	0110	1.0	3.3
	0817	4.8	15.7		0829	4.8	15.7
TH	1345	3.5	11.5	FR	1442	3.0	9.8
JE	1751	4.0	13.1	VE	1907	3.6	11.8
3	0115	0.6	2.0	18	0142	1.4	4.6
	0848	4.8	15.7		0854	4.7	15.4
FR	1439	3.3	10.8	SA	1530	2.7	8.9
VE	1851	3.8	12.5	SA	2007	3.4	11.2
4	0155	0.9	3.0	19	0213	1.8	5.9
	0919	4.9	16.1		0917	4.6	15.1
SA	1538	3.0	9.8	SU	1617	2.4	7.9
SA	2000	3.6	11.8	DI	2122	3.3	10.8
5	0236	1.3	4.3	20	0243	2.3	7.5
	0950	4.9	16.1		0939	4.5	14.8
SU	1636	2.5	8.2	MO	1702	2.1	6.9
DI	2125	3.4	11.2	LU	2305	3.2	10.5
6	0321	1.9	6.2	21	0315	2.8	9.2
	1022	4.8	15.7		1001	4.4	14.4
MO	1731	2.0	6.6	TU	1747	1.9	6.2
LU	2312	3.3	10.8	MA			
7	0412	2.5	8.2	22	0103	3.4	11.2
	1055	4.8	15.7		0357	3.3	10.8
TU	1824	1.6	5.2	WE	1024	4.3	14.1
MA				ME	1833	1.6	5.2
8	0112	3.5	11.5	23	0244	3.7	12.1
	0518	3.1	10.2		0513	3.6	11.8
WE	1130	4.7	15.4	TH	1052	4.2	13.8
ME	1914	1.1	3.6	JE	1920	1.4	4.6
9	0255	3.9	12.8	24	0348	4.0	13.1
	0645	3.6	11.8		0725	3.9	12.8
TH	1208	4.6	15.1	FR	1128	4.1	13.5
JE	2005	0.8	2.6	VE	2007	1.2	3.9
10	0407	4.3	14.1	25	0430	4.3	14.1
	0818	3.8	12.5		0901	3.9	12.8
FR	1253	4.5	14.8	SA	1217	4.1	13.5
VE	2055	0.5	1.6	SA	2053	1.0	3.3
11	0500	4.6	15.1	26	0507	4.4	14.4
	0936	3.9	12.8		0958	3.9	12.8
SA	1347	4.4	14.4	SU	1316	4.1	13.5
SA	2145	0.4	1.3	DI	2137	0.8	2.6
12	0545	4.7	15.4	27	0541	4.6	15.1
	1037	3.8	12.5		1038	3.8	12.5
SU	1445	4.3	14.1	MO	1419	4.1	13.5
DI	2232	0.3	1.0	LU	2220	0.6	2.0
13	0624	4.8	15.7	28	0612	4.6	15.1
	1129	3.7	12.1		1113	3.7	12.1
MO	1542	4.3	14.1	TU	1519	4.2	13.8
LU	2317	0.3	1.0	MA	2301	0.5	1.6
14	0659	4.8	15.7	29	0640	4.7	15.4
	1216	3.6	11.8		1150	3.5	11.5
TU	1635	4.2	13.8	WE	1616	4.2	13.8
MA	2358	0.5	1.6	ME	2341	0.5	1.6
15	0732	4.8	15.7	30	0706	4.7	15.4
	1304	3.4	11.2		1231	3.3	10.8
WE	1725	4.1	13.5	TH	1712	4.2	13.8
ME				JE			
				31	0019	0.6	2.0
					0731	4.8	15.7
				FR	1316	3.0	9.8
				VE	1810	4.1	13.5

Marker Sketch by John Polk

Photo by Kim Barnes

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